



## Social Independence

SOCIAL ISLAM

LEVEL 1

### Objectives >>>

#### Students should:

- Understand that Islam encourages us to be independent in our personal and social needs, where possible
- Discuss some examples of independence in personal and social needs
- Understand that there also times when we do need help, and we should accept help during these times

### Being Independent

It is good to help others; in fact Allah (SWT) is very happy if you help when someone needs a favour from you. But when you need something or want help, try to do it by yourself; do not be lazy and look around for someone when you can easily do the same job yourself. For example, you are working at your desk, and it gets darker; you should get up from the seat and switch on the light instead of asking your sister or brother to do it.

### ISLAM ENCOURAGES US TO BE INDEPENDENT

Think of a tiny baby. She cannot speak; neither can she walk nor move about. When she is hungry, what does she do?

The baby cries; maybe loudly. Her mother will reach for her and comfort her. When the baby is a little older, the baby will start to hold food in its own hands and then after a while a child can eat without any help.



Allah SWT has

taught us how to be independent right from birth. When a baby cannot move or talk, she cries or screams when hungry, wet or even afraid. Allah is pleased if you do your job or duties by yourself. Even if it is as simple as switching on a light, do it by yourself. Our Prophet taught us this etiquette. Do not depend on others; do your jobs by yourself.

### ASK ALLAH FOR ALL YOUR NEEDS

When Prophet Ibrāhim (as) was a young man, people at that time were not only idol-worshippers but they were also worshipping the stars, the sun, and even the moon. So Prophet Ibrāhim (as) started telling them about the One True God and persuading his people not to worship anything else but Allah, the one and the only God.

Once during an annual festival, Namrud, the King, with all his people went out of the town to celebrate the day. Prophet Ibrāhim (as) stayed behind. He went to the temple where all the idols

were kept, he broke all of them one by one. But he left the biggest idol, and put the axe on its shoulder.

When the King and his people returned they were very angry to see their idols destroyed. When they asked Prophet Ibrahim (as) if it was he who broke the idols, he replied, "Why do you not ask the chief (of the idols) who is standing safe."



Namrud got very angry and decided to punish Prophet Ibrahim (as) by throwing him into a huge fire. Prophet Ibrahim (as) was thrown with a catapult. As he was flying through the air, the angels in the heaven and all the creatures in the sky became upset. They asked Allah if they could assist Prophet Ibrahim (as). They came down and asked Prophet Ibrahim (as) if he wanted them to help him in any way. The Prophet replied: 'the fact that God knows my needs is enough, I do not need to ask for anything else.'

When he was thrown into the hot red blaze, there came the command from Allah, "O fire! Be nothing but coolness and peace for Ibrahim (as)."

The burning fire instantly lost its heat and Prophet Ibrahim (as) was seen seated calmly in it.

No matter how small or great our problem is, always ask Allah for help. If it is good for us, He is the one to guide you or let it happen; we must trust Him.

### ASKING FOR HELP

Allah is not happy with lazy people; we should try our best to do our jobs. Sometimes with certain tasks, we may need help or ideas. If we need help, then we should ask for it and not be stubborn.

It is important to ask the right people for help. Who are these people?

- Parents
- Teachers
- Older brothers or sisters
- Grandparents
- Uncles or Aunts

### Class Activity

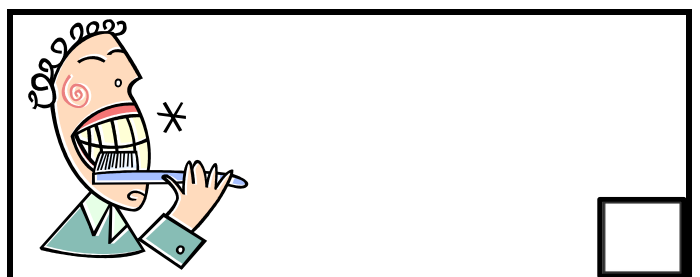
Discuss with your partner and then with the class times when you needed help, and other times when you asked for help, but would have been able to do something yourself.





Here are some more examples to discuss:

- Aliya asks Mum to plait up her hair each morning.
- Ahmed needs his father to drive him to school daily.
- Zaynab requests her teacher to open a juice bottle at school lunch.
- Noor 's brother helped her with a difficult Math problem.
- Grandma helped wrap a gift for a party.

### CLASS ACTIVITY:

**1. Which of the followings can you do by yourself? Tick them:**



 <p><b>Get Dressed</b></p>	<input type="checkbox"/>
	<input type="checkbox"/>
	<input type="checkbox"/>
	<input type="checkbox"/>

2. Can you water the plants in the garden to help mum or grandma? Yes/ No



3. Do you load the dishes after a meal? Yes /No



4. Can you sweep the yard for Dad? Yes /No



## 2. Answer these honestly:

1. Can you pour water from a jug? Yes / No.



5. Do you clear the mess in your room? Yes / No

