

سوء الظن

Suspicion

Objectives >>>

Students should:

- Understand what it means to assume something
- Understand how assumptions can become negative
- Understand that Allah does not like those who think negatively

Suspicion

In this lesson we will learn about suspicion. Suspicion is when we have bad thoughts about why someone has done something. For example, we may walk into a room and see our friend quickly place something in their bag. If we immediately think that they just stole something, this is called suspicion.

Islam teaches us that we should always think good thoughts about other people. This means that if we saw our friend quickly place something in their bag then we should assume that they are just hiding something that they don't want me to see, it may be something dirty or maybe even a gift for me.

So, it is never good to assume or think bad about others when we do not know the truth. Here is a story about two best friends and how suspicion nearly ruined their friendship.

SOCIAL ISLAM

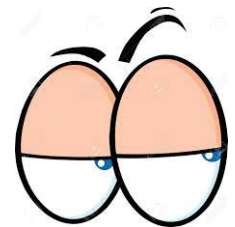
LEVEL 1

SUSAN AND SUSPICION

Susan had a best friend named Rayan. One afternoon she asked Rayan if she could come over in the afternoon to play. Rayan told her that she was busy that afternoon and apologised.



Susan became suspicious and wondered what Rayan was busy with?



In the afternoon she asked her mum if she could go for a ride on her scooter down the road. Her mum said yes and asked her to be careful.



Susan rode to the end of her street where Rayan lives and saw through her bedroom window off the street that Rayan had another friend over.

She became terribly sad and started to have bad thoughts. "Rayan has a new best friend, she lied to me and said she was busy, I will not be her friend anymore"



Susan became so suspicious that she no longer wanted to be Rayan's friend.

The next day at school Susan completely ignored Rayan. Rayan was confused. She went to Susan to ask her why she was ignoring her.

Susan angrily said, "Why don't you go and play with your new friend?"



Rayan was confused again and asked Susan to tell her what was happening.

Susan explained that she saw her with her new friend at home.

Rayan laughed then pulled a box out of her bag.

"What is this?" Susan asked.

Rayan said, "This is what I was doing yesterday when you saw me, it's a gift for you".

Susan felt terrible and was so sorry for being suspicious about her best friend.

She apologised to Allah (swt) and her best friend for thinking badly about her and promised that she would never do it again.



WHAT WE LEARN FROM THIS STORY

- To not be suspicious about people
- To not spy on people
- To not assume that people are lying to us

WHY AVOID NEGATIVE SUSPICION?

The reason it is bad to assume bad things about people is because Allah (swt) has told us in the Holy Quran to stay away from thinking bad of others. He tells us that we should have proof before we think someone is doing something wrong.

This is because if we assume that someone has done something wrong and then find out that they did not, we have made a big mistake.

Sometimes by assuming that people have done something wrong it may lead to an argument which could destroy a family relationship. Therefore we

should always try our best to think positively about other people.

Activity

Draw a picture of a positive thought about the following situations.

1) Your friend is late to meet you at the park.

Positive thought:

2) Your mother is not buying the toy you want.

Positive thought:

MORALS

So from this lesson we have learnt:

- 1) Never to think negatively about anyone.
- 2) To always think positively about people
- 3) Thinking negatively & assuming leads to broken families and friendships.
- 4) Allah (SWT) does not like it when we think badly of anyone.
- 5) These bad thoughts are from Satan and should be ignored!