



# AVOIDING ARGUMENTS

SOCIAL ISLAM

LEVEL 1

## Objectives >>>

### Students should:

- Understand what it means to argue
- Understand how to approach disagreements
- Understand that Allah does not like those who argue and fight between themselves

## Excessive Arguing

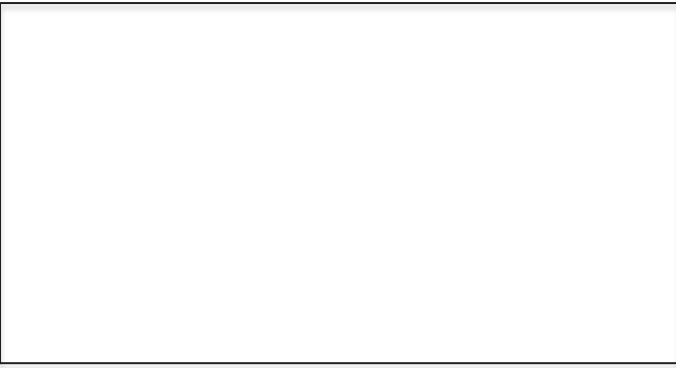
Last term we spoke about the body and the soul and we learnt that to be a happy and healthy human being, we need to take care of our body as well as our soul. Can you remember some of the ways we can take care of our soul?

The same way that things can make our bodies ill, such as eating too much junk food, there are things that we might do which will make our soul ill as well. One of these things is arguing too much.



## Activity

Draw or write 2 things that may happen that will cause you to argue with someone.



Islam doesn't like it when we argue or fight *especially* with our parents. In the Qur'an, Allah (SWT) says:

**"...say not to them (so much as) "Uf" nor chide them, and speak to them a generous word."  
(17:23)**

This is a very important message from the Qur'an. Allah (SWT) is telling us that we are not even allowed to make a sigh if our parents are talking to us, and that we should always speak to them kindly. This is because our parents, especially mothers, have done so much for us and they deserve more respect than anyone else.

However sometimes things happen when we don't agree with our parents or we think that we are getting into trouble when it is not really our fault.



Today we will learn how to deal with these situations in a way that will keep Allah (SWT) proud of us.

- Firstly, keep in mind that whatever they



have told you to do is for your own good. Your parents love you so much that they do not want to see you ever get hurt. For example, if your mum tells you to switch the TV off and do your homework, that is because she knows that doing your homework is better for you than wasting your time watching TV.

- Secondly, sometimes we want to ask our parents why they have told us to do a certain thing. For example, you would like to ask your mum 'why', she told you that you are not allowed to take your favourite toy out with you. When we want to do this, instead of shouting and getting upset, you can ask her politely "Mum, may I take it with me, I promise to take good care of it." Then you should wait for her reply and she will tell you kindly why she has asked you to do something.



- Thirdly, if ever your mother or father is yelling at you; never argue or shout back. They are your parents and sometimes they shout because they are very concerned for you.



You must listen quietly and make sure you are learning the lesson they are teaching you. If you have anything to say, then wait till they have finished; then ask very politely.

## **ARGUING LEADS TO BAD THINGS**

Allah (SWT) does not like those who argue or fight amongst themselves; even if it is with friends.

This is because arguing is not good for the soul.

Some of the bad effects of arguing are the following:

- 1) If we argue too much it will make people stop being our friends.



- 2) It can waste a lot of time because sometimes we argue for very long but don't change anything.



- 3) Lastly, it can destroy relationships – this means that if we argue too much, especially with our family, they will not like us anymore and then we will no longer have a family. That is why it is important to never argue with our family.



## **CONCLUSION**

So, what have we learnt in this lesson?

- We discussed how to avoid arguing with parents
- We also mentioned that Allah (SWT) does not like those who argue
- We went over bad things that arguing causes

## **Class Activity**

Below are 3 situations that you may come across at school or home; draw or write the correct reaction to each situation that will keep Allah (SWT) happy with you.

- 1) Your friend at school makes fun of your new hairstyle. How would you react?
- 2) Your father tells you to switch the TV off and go recite a page of Qur'ān. Would you argue with him?
- 3) Your elder brother tells you to get him a glass of water in a very rude tone. How would you react?