

LAVATORY RULES

احكام التخلي

Objectives >>>

Students should:

- Importance of cleanliness and hygiene
- Importance of maintaining privacy and covering the private parts
- Fact that we need to wash the private parts after using the lavatory
- Etiquettes of using the lavatory
- Rules of washing in the lavatory

JURISPRUDENCE

LEVEL 2

Lesson 1: The Importance of Cleanliness

Islam places a lot of emphasis on cleanliness and hygiene and regards cleanliness as a part of our faith. Cleanliness is very important because it allows us to remain healthy and gives us a sense of well-being. Being clean means that we should look neat, shower, wash our hands and wear clean clothes. Making sure we don't throw rubbish on the floor and keeping everything around us clean is also very important.

In the Holy Qur'an, there are a number of āyāt which talk about the importance of cleanliness:

"Truly, Allah loves those who turn to Him constantly and He loves those who keep themselves pure and clean." (2:222)

We all want Allah (SWT) to be pleased with us, and If we make sure that we take time to be clean, Allah, the Almighty will love us and will reward us.

The Holy Prophet (saw) has also said: "Try to be clean as much as you are able to. Verily, Allah has based the foundation of Islam on cleanliness; hence, never can a person enter Paradise but the clean ones."¹

Imagine seeing two people, one who smells very pleasant and has a neat appearance and the other who has an offensive smell and dirty clothes and skin. Which person would we like to sit next to if we are at school, on the bus or while playing? Surely we would all like to sit next to the clean person.

If we are clean and we make sure the things around us are kept clean, the people around us will like us and won't be offended by our appearance or smell.

We can obey Allah (SWT) by being clean in so many different ways and in so many different places.

Discussion Activity

What are some of the ways of staying clean?

Here are some more ideas:

- Having a shower regularly
- Washing our hands before we eat
- Washing our hands after we eat
- Washing our hands after we use the toilet
- Wearing clean clothes
- Keeping our hair tidy



Although all these things are extremely important, today we will look closely at one of the most important ways to maintain cleanliness and that is rules regarding going to the bathroom.

MAINTAINING PRIVACY

Maintaining privacy is extremely important. We should make sure that things that are private or personal are not seen by the people around us. Privacy means that we should always cover our private parts and this is very important when we go to the bathroom. We should make sure we close and lock the bathroom door before we relieve ourselves and that we do not uncover until no one can see us. We should then make sure we are covered again before we leave.

RULES OF WASHING IN THE BATHROOM

God has made it obligatory on us to wash our private parts with water after we urinate. After we use the bathroom to pass urine, we have to wash our private parts.

If we have used the bathroom to pass stools, then we have to wipe or wash the area if we have water available.

At school, where hoses or water containers may not be available, we should still try and maintain cleanliness. Using a water bottle to wash is a good idea.

When we finish relieving ourselves, we should wash our hands before leaving the bathroom. This will stop the spreading of germs and will stop us and others from becoming sick.



Lesson 2: More Rules for Using the Bathroom

In our last lesson, we learnt the importance of staying clean, especially when we are using the bathroom. In this lesson, we will learn some more rules about using the bathroom.

ETIQUETTES OF CLEANLINESS WHEN GOING TO THE BATHROOM

There are a few acts that are recommended and others that are disliked when going to the bathroom. Below is a table that lists these acts.

Recommended acts:

- 1- Leave the washroom very clean.
- 2- Flush the toilet after using it.
- 3- Leave the bathroom smelling nice after you have used it. Use air freshener if it is available.
- 4- Urinate before you pray and before sleeping.
- 5- Enter the bathroom with your left foot and come out with the right foot.
- 6- Wear slippers or shoes.



Disliked acts:

1. Eat when going to the bathroom.
2. Wash yourself with your right hand.
3. Talk when in the bathroom
4. Splash water on the floor. This can make other things unclean.
5. Waste water or tissue paper.

6. Holding it in. Make sure you go to the bathroom as soon as you feel the need to go. If you hold it in it may harm you



Review Questions:

Q1. When we use the bathroom to pass urine, we have to:

- a. Use a tissue to wipe
- b. Wash our private area with water twice

Q2. When we are using the bathroom:

- a. It doesn't matter whether anyone can see or not
- b. It is important to maintain privacy and make sure no one can see us

ⁱ Bundle of Flowers: Kanz-ul-Ummal, Tradition 26002