

HIJAB

الحجاب

Objectives >>>

Students should:

- That Allah (SWT) has provided us with clothing to protect our bodies not only from the weather but also from people and their evil looks and thoughts
- That we have to cover our private parts.
- The basic dress code for both men and women
- That we should always be dressed decently and appropriately

Rules of Ḥijāb

The sky is full of clouds. Ahmad and Asma are ready for school. It begins to drizzle. The children don't want to get wet. How can Mum help them...She can give them their raincoats or umbrellas.

"I'll take my new umbrella," shouted Ahmed.

"May I please have my raincoat?" requested Asma.

The children were protected from rain and reached school dry.

Allah (SWT) covered our bodies with skin. All the animals have skin or hair to keep out water and keep them warm. The fish have scales. Birds have feathers which are waterproof. See how kind Allah (SWT) has been to us! See how He has protected our bodies!

JURISPRUDENCE

LEVEL 1

COVERING OUR BODIES

Clothes are important not only to protect us from heat or cold, but also to help us look respectful.

We all know that we should always cover our private parts. We should not change in front of other people and we should make sure no one can see us when we are using the bathroom.

Besides this, we have all seen how our parents dress. Men should wear clothes that cover most of their body; they should not wear things like very short shirts or singlets. Also, their clothes should not be too tight (especially during prayers).

Women should wear Ḥijāb. What do we mean by Ḥijab? Ḥijāb means to wear clothes that:

- Cover the body (except the face and hands)
- Are loose and do not show the shape of the body

Hijab is important because:

- It helps a girl look decent and respectful, so that no one will look at her in a wrong way
- It brings more respect for a girl because she looks modest in her Ḥijāb.



Women and girls over the age of nine need to wear *Hijāb*. However, they do not need to wear *Hijāb* in front of their brothers, fathers, children, husband and grandfathers.



Hijab makes you look beautiful and keeps you safe. It makes people respect you, look at you in a positive way and avoid looking at you with wrong intentions.

Class Activity: Wearing a Scarf

This activity is for female students

- » Do you wear *Hijāb* at school? If you don't wear it, when do you plan to start wearing it?
- » Let us now look at these scarfs and coats in this bag. Who would like to be the first to put on a head-scarf?
- » Let us know try some of these Islamic dresses and socks!

Hijab: Lesson 2

In our last lesson, we learnt that women should wear *Hijāb*. We also learnt that:

- Cover the body (except the face and hands)
 - Are loose and do not show the shape of the body
- Hijab is important because:
- It helps a girl look decent and respectful, so that no one will look at her in a wrong way
 - It brings more respect for a girl because she looks modest in her *Hijāb*.

We learnt that women and girls over the age of nine need to wear *Hijāb*. However, they do not need to wear *Hijāb* in front of their brothers, fathers, children, husband and grandfathers.

MEN'S CLOTHING

Men are also required to dress appropriately. They should have clothing that covers their body decently. They are not expected to cover all of their arms, legs or hair. However, it is better for them to not wear tight clothes, short shorts or singlets, especially if they are attending a

mosque. They should wear respectful clothes. A big part of men's *Hijab* is to not look at women in the wrong way and to try to keep their eyes lowered as much as possible,

WHEN DO WE HAVE TO OBSERVE *HIJĀB*?

Women and girls need to wear *Hijāb* whenever there are any men around. Of course, women and girls do not have to wear *Hijāb* in front of the following men:

- Father
- Brothers
- Uncles
- Grandfathers

Remember though that we do have to wear *Hijāb* in front of our cousins. So if we are in a gathering with our cousins or family friends, if there are men around, we must make sure we are wearing proper *Hijāb*.

WHEN DO WE START WEARING *HIJĀB*?

Girls need to start wearing *Hijāb* when they turn 9 according to the Islamic calendar. This is about 8 years and 9 months of the usual Western calendar you may use in your country.

Class Activity

Are there any students in the class who are 9 or nearly 9 years old?

At this age many things become compulsory on you like praying and fasting. *Hijāb* also becomes compulsory.

Today, we will be practising wearing clothes which can be considered *Hijāb*. Your teacher will bring some clothes which you can try on during class.

Review Questions

Q1. *Hijab* means:

- a. Covering our hair
- b. Covering all our body parts except face and hands, and wearing loose clothes
- c. Covering all our body parts except face and hands

Q2. A girl should start wearing *Hijāb* at the age of:

- a. 9
- b. 15
- c. 12