

# PRACTICAL PRAYER

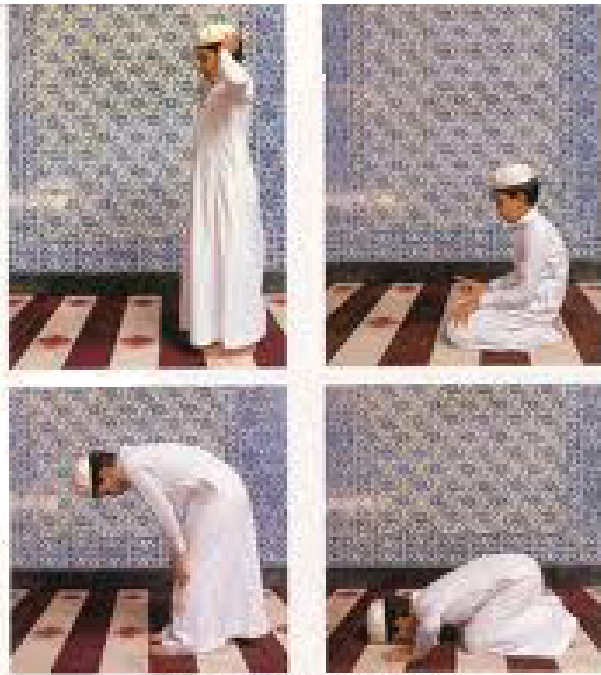
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*Objectives >>>*

*Students should:*

- Be aware of the general etiquette of the daily prayers
- Be familiar with the main actions of prayer, and their names
- Participate in games to aid in learning of the actions of the daily prayers
- Be able put knowledge into practice by performing prayers with their teacher in congregation

## Practical Prayer, Lesson 1



### PRACTISING PRAYER

The purpose of these lessons is that children should learn how to pray. The first lesson should consist of the games and activities outlined here. The next two lessons should be dedicated only to practicing prayer practically in class, with teacher supervision. During prayer, there should be at least two teachers supervising, apart from the one leading the prayer. They should look out for misbehaviour during the prayer, incorrect postures etc...

### VERBAL GAMES AND ACTIVITIES TO AID IN LEARNING THE DAILY PRAYERS

- Adapt the nursery rhyme, *“This is the way we brush our teeth, brush our teeth, brush our teeth, This is the way we brush our teeth on a cold and frosty morning”*, to teach ṣalāt postures. For example, *“This is the way we do our rukū’, do our rukū’, do our rukū’, this is the way we do our rukū’, on a sunny afternoon/ a cool summer evening”* etc. This rhyme can include all postures, with the actions.
- Use the game *“Simon Says”*, to reinforce the postures of Salāt  
E.g *“Salman Says do your Rukū’,  
Salman says stand in Qiyām,  
Salman says go into Sujūd,  
Do your Qunūt.”*

- Practice linking the various dhikr to the corresponding actions. For example, the teacher might ask students to line up, and ask them to perform the correct posture for the dhikr she recites. So when she recites the dhikr of rukū’, they should perform rukū’, when she recites Surat al Ḥamd, they should observe qiyām. This can be done as a group or individual activity with the children.
- The teacher can perform parts of Ṣalāt incorrectly, whether it is postures, dhikr or behaviour, and ask children to point out mistakes.

## Practical Prayer, Lessons 2 & 3

### PRACTICAL PRAYER SESSIONS

Children should be encouraged to perform wuḍū’ and appropriate clothing for ṣalāt.

These lessons should be used to teach prayer practically. It is anticipated that teachers will require a number of assistants for this. Throughout the three lessons, each child should be observed praying and teachers should make sure all children are praying correctly.

Teachers should refer to the ‘How to Pray’ DVD in the eHAWZA to prepare for these classes.

