

#### **JURISPRUDENCE**

LEVEL 1

# Introduction to Prayer Times

# **Introductory Activity**

Your teacher will take you outside into an open-air area and seat the class in a circle. We will talk about a few important things today.

- Who gave us this beautiful clear blue sky?
   Aren't we lucky to be enjoying it?
- What else has Allah (SWT) given us?
- Who lives in the trees?
- What else do the trees provide us?
- Who cares for you at home?

How generous Allah (SWT) has been to us? He has given us loving parents. He has gifted us with a brain, eyes, ears, mouth, hands and feet to walk and run! See how much He loves us?



Jurisprudence: Prayer Times, Level 1

How do we say "Thank you, Allah" for all His gifts?

We cannot see Him but we can pray to Him, can't we? There is a special way of praying and it is called Salāt in Arabic.

Has anyone of you seen your Mum or Dad offer Salāt at home?



Do you know how many times Allah (SWT) wants us to pray to Him? The more we pray to Allah and thank Him the closer we will get to Him. We can talk to Him whenever we want but He has ordered us to pray **five** times a day. Our daily prayers are our chance to speak to Allah, to thank Him, to ask Him for anything we want, and to ask Him to forgive any mistakes we have made. So when we pray, we should pray with full attention.

#### THE FIVE PRAYERS

- 1. **Fajr:** We offer this at dawn, which is early in the morning, before sunrise.
- 2. **Duhr:** We can pray this as soon as the sun is overhead at midday. We look up at the sky, and when the sun is in the middle of the sky, we offer this prayer.
- 3. 'Asr: We can offer this as soon we have finished Duhr.

These two prayers have to be offered before sunset.

- 4. **Maghreb:** As soon as the sun has set and the sky has turned\_dark, we offer Maghreb.
- 5. 'Isha': This prayer follows the Maghreb one.

We must offer these prayers before midnight.

So in total, we pray five prayers at three times of the day

## **Class Activity**

We will now repeat the prayer times until we have learnt and memorised them.

Fajr: at dawn

**Duhr and 'Asr:** at midday

Maghreb and 'Isha': just after sunset.

### **Class Activity**

Let's hold hands and say this poem:

#### **BOYS AND GIRLS IT'S TIME TO PRAY**

Boys and Girls it's time to pray, Adhān is called five times a day.

Leave your beds or stop playing Ignore the noises in the streets.

Pack up you toys and leave your games, Remember Allah, the gracious Lord.

Come in a hurry, but clean and smart, Speak to your Lord and open your heart.

Praise and thank Him, all day long
And say sorry if you've done any wrong.

He'll forgive and give you the power To think and do good each hour!

#### Lesson 2

#### **Revision**

Let's revise what we learnt last week.

- 1. **Fair:** We offer this at dawn, which is early in the morning, before sunrise.
- 2. **Duhr:** We can pray this as soon as the sun is overhead at midday. We look up at the sky, and when the sun is in the middle of the sky, we offer this prayer.
- 3. 'Asr: We can offer this as soon we have finished Duhr.

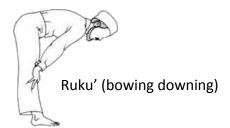
These two prayers have to be offered before sunset.

- 4. **Maghreb:** As soon as the sun has set and the sky has turned\_dark, we offer Maghreb.
- 5. 'Ishā': This prayer follows the Maghreb one.

We must offer these prayers before midnight.

### THE PARTS OF THE DAILY PRAYERS

Each prayer is made up of Rak'āt. Each rak'ah is like a unit of prayer. Each rak'ah has 1 ruku' (bowing) and 2 sajdah (prostration).



Sajdah (prostration )

### **NUMBER OF RAK'ĀT IN EACH PRAYER:**

- Fajr prayer has two rak'ah
- Duhr prayer has four rak'ah
- 'Asr prayer has four rak'ah
- Maghreb prayer has three rak'ah
- 'Isha' prayer has four rak'ah

A good way of remembering this is:

To speak to Allah, just dial: 24434

Let's repeat this number 24434 a few times.

# **Class Activity 1**

Your teacher will call out the name of the prayer. You should answer with the number of rak'āt.

### **Class Activity 2**

Your teacher will have the following flash cards, you will have to match them to each other:

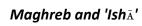
- The names of the five prayers
- The times for each prayer
- The number of Rak'āt in each prayer

# **Class Activity 3**

Here are three pictures showing the sky and three prayer times.

Match the pictures with the prayer times, and then write the number of rak'āt next to each prayer.











Duhr and 'Asr