

## المطهرات

## Lesson 1: How to Stay Tahir

**Objectives >>>****Students should:**

- Students should be reminded of the concepts of Najāsah and Ṭahārah
- Students should know that water is the main cleaner and learn some basic rules for cleaning things in an Islamic way

**Najis = unclean**

**Ṭāhir = clean**

In our last lesson we had a discussion about things that are najis and things that are ṭāhir. We learnt that Najis things are unclean according to the rules of Islam, while ṭāhir things are those which are clean according to the rules of Islam.

We learnt that we should keep away from Najis things, and if we do come into contact with them, we should clean ourselves. This is especially important for when we want to pray.

Imagine you are going to meet a very important person, would you go to meet him smelling bad and looking dirty? In the same way when we go to stand in front of Allah (SWT) for prayer, we should be Ṭāhir.



There is a special way to make ourselves clean when we come in contact with things that are Najis. For example, if we get some blood on our clothes it does not become clean if we just wipe it off with a tissue. We have to clean it with water. Water is the most important cleaner.

## HOW CAN WE STAY ṬĀHIR?

We can stay ṭāhir by washing away any Najāsah that might touch our body or clothes immediately. If our body or clothes are touched by blood, urine or stool, we should wash it off with water (like tap water) until those things have disappeared.

Let's look at some examples of this:

- I've just gone to the toilet and I accidentally got some urine on my pants.
  - I need to wash my pants twice with water to make them ṭāhir
- I fell over while playing and got a bruise on my leg. It started bleeding and now I have blood on my shin.
  - I need to wash the blood away with water until there is no blood left.

### Class activity

Go with your teacher to the nearest tap and:

- Show your teacher how you would wash your hands when they are dirty
- How you would make your hands Ṭāhir if they were Najis
- How you would clean your clothes if they became Najis?

### Review Questions:

**Q1. Muḥammad finds some blood on his clothes just before praying and needs to make it clean:**

- a. He can just wipe it off with a tissue
- b. He can wash it off with soap and water
- c. He can use water to wash it twice and it will be Ṭāhir

**Q2. When is the most important time to be ṭāhir?**

- a. Before sleeping
- b. While praying

---

<sup>1</sup> Bibliography

- The Holy Quran
- Islamic Laws (Sayyid Sistani)