

LAVATORY RULES

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Objectives >>>

Students should:

- Be introduced to the importance of cleanliness and hygiene
- Be introduced to the importance of maintaining privacy and covering the private parts
- Be introduced to the fact that we need to wash our private parts after using the toilet
- Be introduced to some of rules about using the toilet

JURISPRUDENCE

LEVEL 1

Lesson 1: The Importance of Cleanliness

THE IMPORTANCE OF CLEANLINESS

One of the most important parts of being a good Muslim is to be clean.

The Prophet (saw) says: "Allah loves those who are clean."

Discussion Activity

Can you think of some reasons why we should keep ourselves as clean as possible?

What are some ways of staying clean? (Wait for the students to answer)

- Having a shower regularly
- Washing our hands before we eat
- Washing our hands after we eat
- Washing our hands after we use the toilet
- Wearing clean clothes



- Keeping our hair tidy

USING THE BATHROOM

One of the most important parts of being clean is to use the bathroom in a clean way. Whenever we use the bathroom, we should follow these rules:

- Wash our private parts after we use the bathroom
- Try not to make the bathroom dirty
- Wash our hands after we use the bathroom



Review Questions:

Q1. Islam teaches us that:

- a) It is better to be clean but it is not very important
- b) It is very important to always be clean

Q2. When we use the bathroom:

- a) It is okay to make it dirty and leave it like that
- b) We have to keep it as clean as possible

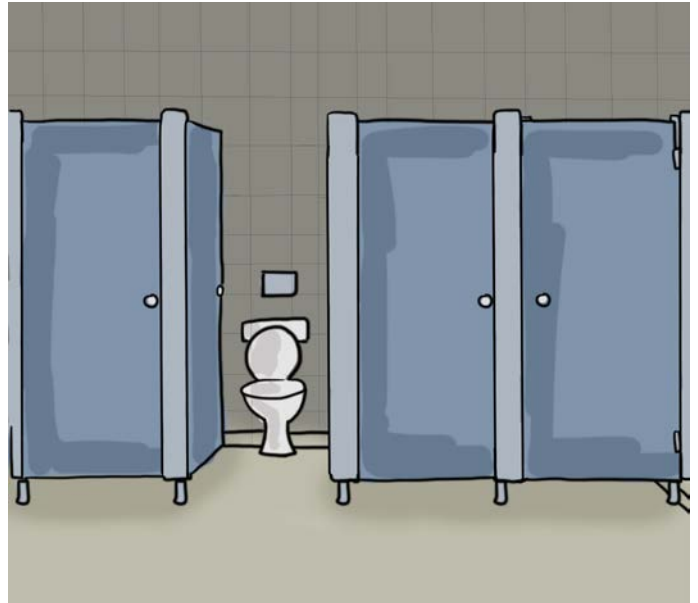
Lesson 2: More Rules for Using the Bathroom

In our last lesson, we learnt the importance of staying clean, especially when we are using the bathroom. In this lesson, we will learn some more rules about using the bathroom.

MAINTAINING PRIVACY

When we are using the bathroom, we have to make sure to keep private. This means we have to make sure no one can see us while we are using the bathroom.

This is really important, especially as we get older. We have to make sure we are inside the bathroom and the door is closed or locked before we get ready to use the bathroom.



HOW SHOULD WE WASH OURSELVES?

If a person urinates, they can pour water onto their private part twice. This is enough to keep them clean. Your parents will show you how to get water and how to pour it over yourself to keep yourself clean.

If a person passes stool, they should wash that area or wipe it with dry tissues until there is nothing dirty left on the private part. Again, your parents can help show you how to get water and how to clean yourself with it.

Class Activity

Split into groups of three. Your teacher will give you cardboard and some colour pens. Your job is to make poster. In the middle of the poster write in nice fancy handwriting: *"Allah loves those who are clean"*. Then draw five boxes around it and write one way of being clean in each box. Try to make sure you write a few things about being clean in the toilet especially.

Review Questions:

Q1. After urinating, a person should:

- a) Wipe their private area with tissues only
- b) Wash their private area twice

Q2. When using the bathroom:

- a) It is okay if someone can see us
- b) We have to make sure no one can see us