

The UNITY of GOD

التوحيد

Objectives >>>

Students should:

Lesson 1

- Understand that Allah is our Creator
- Understand that God is not visible to the eye

Lesson 2

- Understand that Allah is Our Cherisher
- Allah is the Creator and Cherisher of the Universe, and He is One, without Partner

Lesson 3

- Learn some of the main attributes of Allah (SWT)

Lesson 4

- Discuss and appreciate the signs of Allah in nature

Lesson 5

- Understand the importance of gratefulness to Allah (SWT)

FUNDAMENTALS OF ISLAM

LEVEL 1

Lesson 1: Allah is our Creator and Lord

We will spend most of this year learning about the five pillars of religion. In Arabic, we call these *Uṣūlul Dīn*. These are the five beliefs that are the base for all of our beliefs as Muslims. These five beliefs are:

- There is one Unique God- in Arabic this is called *al-Tawhīd*

التوحيد •

- God is Just- *Al-'Adl*

العدل •

- God sent us Prophets to guide us- *Nubuwwah*

النبوة •

- God sent us Imams to guide us, the Imams continue the message of the prophets- *Imamah*

الإمامة •

- The Hereafter: after we die, we will be brought back to life and face the consequences of our actions – *al-Ma'ād*

المعاد •

The first and most important of these five beliefs is that we believe there is One God, who is Unique- meaning there is nothing like Him. In the next five lessons, we will learn more about the belief in the Unity of God.

RAYYAN BECOMES A BELIEVER

One day Rayyan went to her mother and asked her what it meant to be a believer. Before her mother answered she said, "If I told you there is tea in this mug I am holding would you believe me?"

Rayyan said, "Yes of course".

Her mother said "Why would you believe me if you cannot see it?"

"Because I can see hot steam coming out from the mug" Rayyan replied.

Rayyan's Mother then began to explain.

"When someone is a believer it means that they believe One God has created this entire world that they see around them, including the animals, trees, fruits, and humans. The same way that you saw the hot steam coming from the mug which made you *believe* that there is hot tea inside, by looking at Allah's creation it makes us *believe* that Allah (SWT) created everything."

"Once we know this and believe this we become a believer."

"Thank you mum," Rayyan said. "Now we are both believers."

Class Activity

Teacher Note: The teacher should take a chair to the front of the room and ask the students the following questions.

- Did this chair just suddenly appear?
- If not, then who was involved in building this chair?
- What steps did they take to make this chair?

You can see how many steps and people were involved in building a simple chair. Now look at the world around us, there are so many details and complex things in it. Could they have just appeared out of nowhere? Who created them?

Class Activity

Have a think about 5 things you see outside every day which you know human beings did not make and draw them in the space provided.

Who created these things you have drawn?

We now know that just like the chair, someone must have created all of these things. However if we know humans didn't create them, then who did?

The answer is Allah (SWT).

Allah (SWT) is the One God who created the **entire universe...**



The humans...



The animals...



All the plants...



As well as everything we see around us.

ALLAH IS OUR LORD

Not only did Allah (SWT) create us and everything around us, but He also takes care of us. He makes it rain so that our plants grow to give us food. He gives us sunshine to learn and play and night time to rest.

Allah (SWT) is always watching over us because he created us and loves us. This means when we need something we can always pray to Allah (SWT).

Because Allah (SWT) is very kind and He has given us so many things we can also call him al-Raḥmān and al-Raḥīm.

Can you try to memorise these names?

- al-Raḥmān
- al-Raḥīm

WHY CANT I SEE ALLAH (SWT)?

Sometimes we may think: why is it that I cannot see Allah (SWT) with my eyes? Some people may think that Allah is not there, because they cannot see Him with their eyes.

We cannot see Allah (SWT) because He is not a physical thing. Humans, animals and plants are physical things and so we can see them. Allah (SWT) is not physical, and so we cannot see Him with our eyes.

Allah (SWT) is not the only thing that we cannot see.

We all love our parents. But can we see this love? How big is this love? What colour is it? How does it smell? Can we draw a picture of it?

Even though we can't do any of these things, we know that we love our parents and that love exists.

When it comes to Allah (SWT), even though we cannot see Him, we can see His signs everywhere. All the amazing things He has created are signs that He is there and He exists. We also feel Allah in our hearts, the same way that we feel love or happiness.

NOW I KNOW ALLAH (SWT)

Now that we have learnt about Allah (SWT) there are a few points we need to remember. Whenever we say Allah's (SWT) name we should say it with respect, this means we should not be acting in a silly manner. We should also say *Subḥānahu wa Ta'āla*. This is one of the ways of showing respect to Allah.

Memorisation Activity

Try to memorise the words of respect we say after saying the name 'Allah'.

Allāh, subḥānahu wa ta'āla

الله سبحانه و تعالى

Class Activity- Nasheed

Allah Made us All

<https://www.youtube.com/watch?v=klZJcX9YtnQ>

Lesson 2: Allah is One

In the last lesson, we learnt that Allah created everything. In this lesson, we will learn that Allah (SWT) has no partner and that He is the *only* God.

ALLAH IS ONLY ONE

Allah (SWT) has taught us in the Holy Qur'an that He alone created everything and that He alone is the one taking care of everything and that one day we will all go back to Him as well. Allah (SWT) looks after everything. He looks after even the smallest insects in the depths of the earth. He makes sure that even such an insect has something to eat and a way to live its life.

Allah (SWT) does not need a partner. We usually need a partner to help us with our work when the job is too hard to do on our own. Yet Allah (SWT) created the entire universe by Himself. No task is difficult for Allah (SWT) because He is All-Powerful. If he created the universe without a helper or partner, do you think He would need a helper or partner to look after the universe?

The answer is no. Not only does Allah (SWT) have no partner but there is also nothing like Him in the entire world, and so he cannot have any partner.

This is why we believe that there is One Creator and Lord, and he is Allah (SWT).

ALLAH LOOKS AFTER EVERYTHING

Allah (SWT) looks after all His creatures and makes sure they all have what they need to survive and live comfortably. This is what we mean when we say Allah is our Lord.

Look at a tiny baby, for example:

Ahmed watched his new baby sister. She had tiny hands that gripped his finger tightly.

"She is so perfect, Mum!" he said

"Subḥānallah! Allah makes everything perfect," Mum replied.

Suddenly baby Sarah screwed up her face and started to cry. Ahmed looked up at his Mum feeling concerned!

"Mum, why is she crying?" he asked.

"I think she is hungry," Mum said. She picked up baby Sarah and started to feed her.

"Who taught her to cry when she's hungry, Mum?" Ahmed asked.

"It is Allah. He taught this little baby, who cannot speak, to cry whenever she is hungry so that someone will come to help her!" Mum replied.



WORSHIPING ALLAH

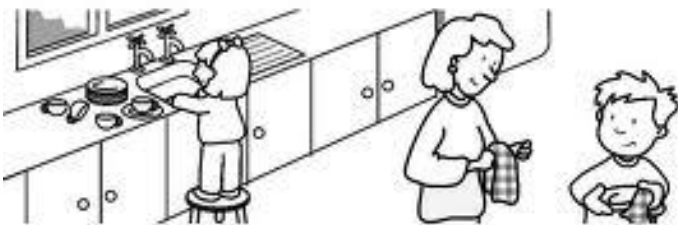
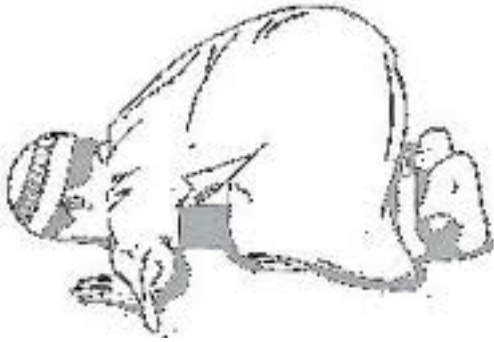
When we buy a new toy we often need to read the instructions of how to use it properly. If we don't read the instructions, the toy probably won't last very long, or it won't work properly.

Allah (SWT) created us and the world around us. So He is the only one who can give us the best instructions on how to live. He has set for us some rules and instructions to make sure that we are living the right way. Some of these instructions include prayer, fasting, listening to our parents and helping others. Whenever we do any of these things and we remember Allah (SWT) this is called worship.

We worship Allah (SWT) when we are doing something He asked us to.

Colour in Activity

Colour in the pictures of worship below and write in the boxes what they are doing in the picture.



ALLAH KNOWS ALL

Allah (SWT) knows everything that happens in the world. He created the world and looks after it, and so He is aware of everything that happens in it.

Allah (SWT) knows what people do in private, and He knows the secrets they have in their heart. He knows everything that we do, speak and think.

Allah is All-Knowing. This is one of the names of Allah. In Arabic, this name is

Al-'Aleem:

Let's listen to this story about a boy called Qasim. One day the teacher walked into Qasim's class and handed everyone an apple. After a few minutes she asked everyone to eat the apple in a place where no one could see them.

Some of the students left the classroom and hid outside, others went under their desk, some stood in the corner of the room and others hid behind a book.

Everyone in the class started eating their apple, except one boy... Qasim...

Once everyone was seated again the teacher asked Qasim why he hadn't eaten his apple?

Qasim replied: 'I couldn't find a place where Allah (SWT) would not see me and know what I did.'

The teacher became very happy with Qasim and told the rest of the class that no matter where we go or where we hide Allah (SWT) will always know what we do.

Memorisation Activity

Another important way of remembering Allah (SWT) is to start every activity with the name of Allah. This is especially important:

- Before we start eating
- Before we go out of the house first thing in the morning
- Before we do anything important

These are the words we should say before every activity:

BismillāhīlRaḥmānīlRaḥīm

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

Practical Activities

Lets all continue practicing the Nasheed - Allah Made us All

<https://www.youtube.com/watch?v=klZJcX9YtnQ>

Lesson 3: The Miracles in Creation

THE MIRACLES OF ALLAH

In our last lessons we have learnt about Allah (SWT) as our Creator and the One who is always taking care of us. Today we will look at some of the amazing miracles that happen around us every day which shows us that Allah (SWT) is in control of everything and also that He is very Wise.

THE CATERPILLAR

All of us have seen a caterpillar in the garden at some time. Today we will learn about how special this little insect is and how Allah (SWT) changes it into a complete new insect without anybody doing anything.

THE EGG

This is a picture of caterpillar eggs resting on a leaf. If you find some on a leaf and look very closely you can see the caterpillar being created. A very special thing already is that Allah (SWT) has taught the mother of this egg to place the egg on a leaf that the baby will be able to eat. This is so because when the baby hatches it will be too small to move around and will need to eat from the leaf it was born on.



THE CATERPILLAR

After a little while the egg breaks open and a caterpillar comes out. However, it will not remain a caterpillar for too long. While it is a caterpillar it must eat, eat, eat!!! Once it has grown the next stage of the caterpillar now begins.



THE COCOON

This is the coolest stage of this insect's life. Once it has finished growing it curls itself up into a ball to form a cocoon which will be its home for a little while.



Although we cannot see it from the outside, inside Allah (SWT) is turning this caterpillar into something beautiful.

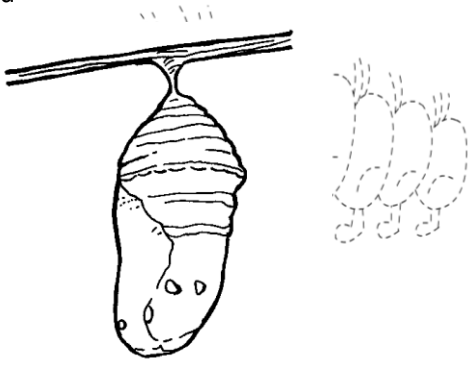
THE BUTTERFLY

After a little while the cocoon cracks open and a beautiful butterfly comes out. Because its wings have



been folded inside the cocoon it has to wait for a couple of hours until they stretch out and then they can start

flying and
laying
their own
eggs on a
leaf to
start the
cycle all
over
again.



WHAT A MIRACLE

This is only *one* of Allah (SWT) many miracles in His creation. Miracles are happening everyday whether we see them or not. The butterfly teaches us that not only can Allah (SWT) create whatever He wants from nothing, but He can also change His creation from one thing to another.

MEMORISATION ACTIVITY

When we see or hear something amazing like this we should say:

سبحان الله

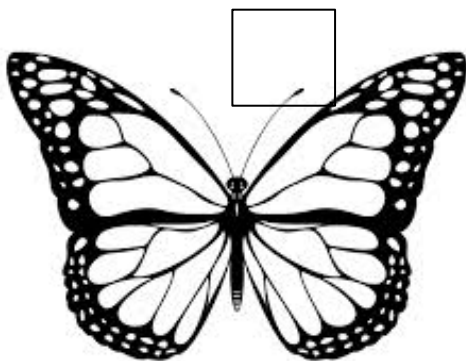
Subḥana Allah.

Remembering Allah (SWT) when see something amazing is one of the ways of getting closer to Allah (SWT).

There are different words we can say to remember Allah (SWT). We just learnt one expression now.

Class Activity

Colour in the pictures bellow of the lifecycle of a caterpillar and number the order that these happen in the boxes.



Lesson 4: The Creation of Allah

As we talked about in our last lessons, Allah (SWT) shows Himself to us through signs. All of the creatures of Allah are His signs. They each show that He is Kind, Merciful, Knowledgeable and Powerful.

In today's lesson, we are going to watch a video which will teach us more about the signs of Allah (SWT).

These videos show us of the amazing things that dolphins do. Dolphins are beautiful and intelligent sea animals.

Video

This video can be found at:

<https://www.youtube.com/watch?v=3b4FGIWGsuo>

<https://www.youtube.com/watch?v=z6hwFUrJHj8>

<https://www.youtube.com/watch?v=bzfqPQm-ThU>

Video Activity Sheet

1. How far can the spinner dolphins travel in one day?
2. What is a large group of dolphins called?
3. In the second video, what do dolphins do with their tails to try and catch fish?
4. In the third video, what do dolphins do to try to catch fish?
5. Who do you think has taught these dolphins to do these amazing things?

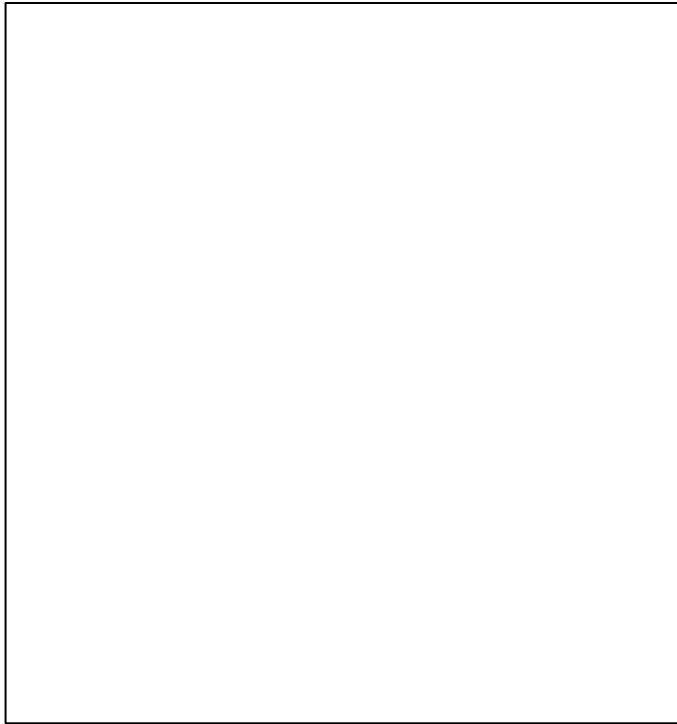
MEMORISATION ACTIVITY When we see or hear something beautiful, it is good to say

ما شاء الله

Ma Shaa'a Allah

This means: 'this is what God wanted'. This is a good way of reminding ourselves that the beautiful things we see in the world are all created by God.

Activity – Draw your own Dolphin in the box below.



Lesson 5: Thanking Allah

Let's remind ourselves of some of the blessings that Allah has given us:

- Our mind
- Ears
- Eyes
- The beauty and comfort of the earth
- The sun
- The moon
- The stars
- The seas and oceans
- Heat and cold
- Food and drinks
- Animals and plants
- And the list goes on forever

In the Holy Qur'an Allah has said:

وَإِنْ تَعُدُّوا نِعْمَتَ اللَّهِ لَا تَحْصُوهَا

“and if you count the Blessings of Allah, never will you be able to count them” (14:34)

HOW DO WE THANK ALLAH FOR THESE BLESSINGS?

We can thank Allah in three ways:

1. With our tongues, by saying: *alhamdulillah* (Praise be to Allah)
2. In our hearts: by remembering that the blessings are from Allah, and feeling thankful for this
3. By our actions: by using the blessings God gave us in the right way

Memorisation Activity

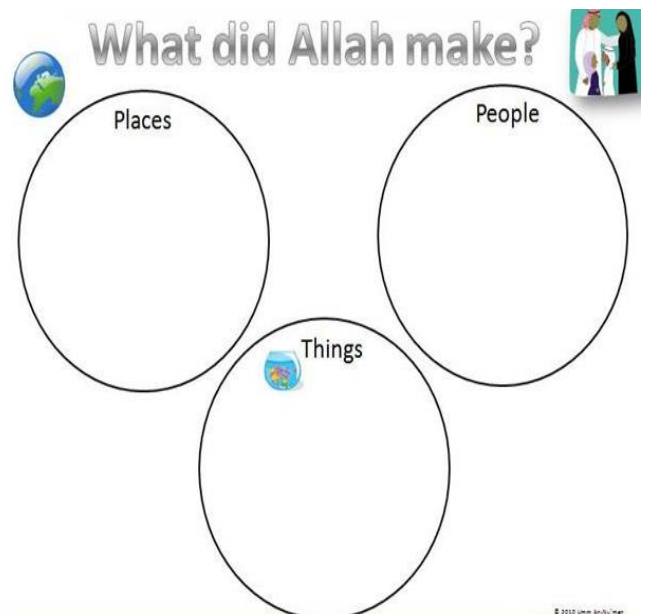
Memorise the following words from the Qur'an, which we should say whenever we remember one of the blessings of Allah:

Alhamdulillah

الحمد لله

Brainstorming Activity

Remember that we have to use the blessings Allah gave us in the right way. Here are some ways of doing that:



We can say “*alhamdulillah*” when we finish eating



Help our parents with some house work to thank Allah for giving you kind and caring parents.



Doing our homework to show Allah that we are grateful for the clever brain he has given us.



THANKING PEOPLE

When something good happens to us, or we receive a blessing, we should remember not only to thank Allah,

ut to also thank the people that helped us. Often, God helps us through people, and we should remember to thank God first, and the person who helped us second.

One day, Zaynab went out with her mum to the shopping centre to get groceries. It was a busy day and there was a big crowd at the shopping centre. Zaynab saw a pretty doll in the one of the shop windows and went to look at it. When she turned back around, she couldn't see her

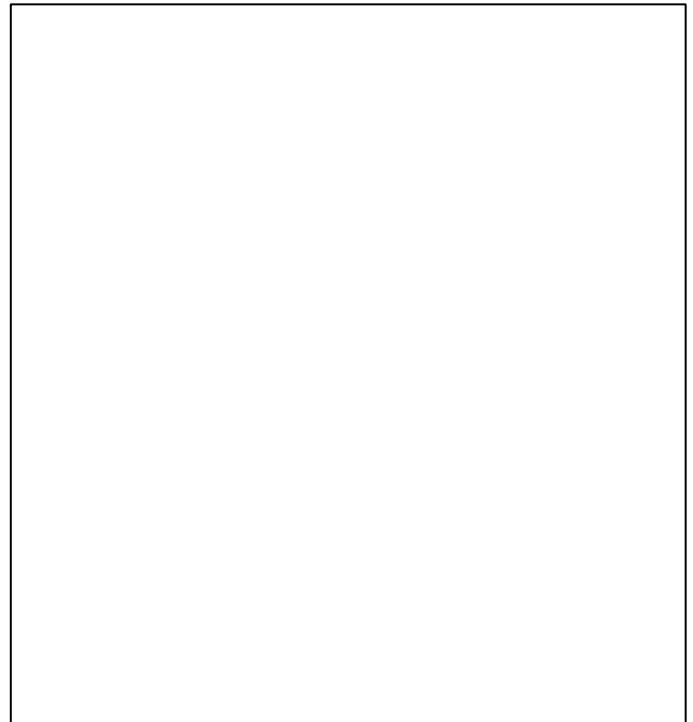
mum anymore. She got very scared. She started to cry. She remembered what her mum had told her. If she was ever in a scary situation, she should remember Allah (SWT), and ask Him to help her.

So Zaynab asked Allah (SWT) to help her find her mum as quickly as possible. Suddenly, someone tapped on Zaynab's shoulder. She turned around and it was her mum's friend, Aunty Zahra. "What's wrong Zaynab? Why are you crying?" she asked. Zaynab told her that she had lost her mum.

"Oh, I can see your mum over there, she seems to be looking for you. Let me take you to her!"

Zaynab ran to her mum and hugged her. She remembered to say 'Alhamdulillah' and thank Allah for answering her prayers. She also remembered to thank Aunty Zahra for helping her find her mum.

Activity – Draw another activity you might want to say Alhamdulillah after.



Review Questions:

Q1. We should thank Allah by:

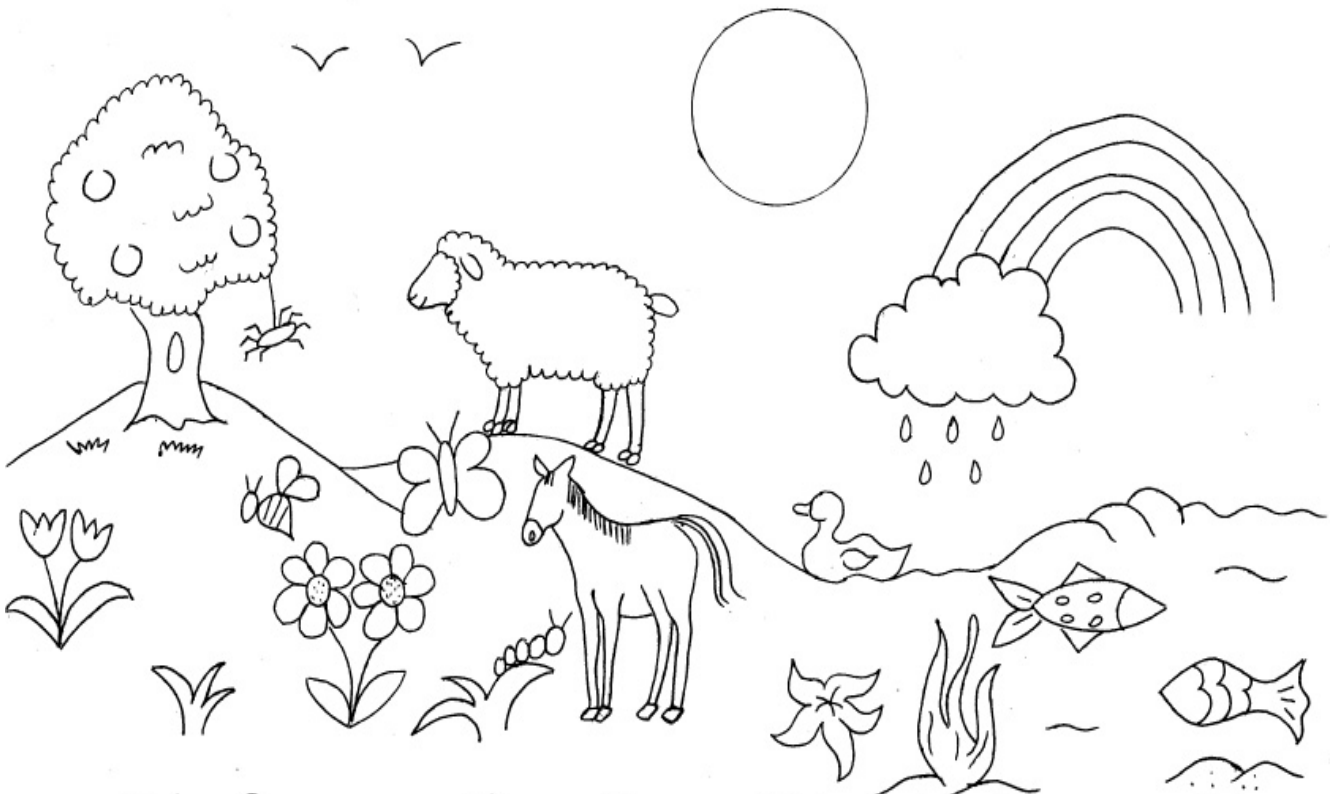
- a) Using the blessings He gave us in the right way
- b) Saying *alḥamdulillāh*
- c) Knowing in our heart that God has given us so many blessings
- d) All of the above

Q2. *Alḥamdulillāh* means:

- a) God is Great
- b) Praise be to Allah

Class Activity

Colour the picture on the next page.



C is for creation. Everything in the world is Allah's (swt) creation.